



ANDREA CARSKA-SHEPPARD

International Arbitrator & Global Legal Counsel

Attorney-at-Law in New York, Barrister and Solicitor in Canada, European Registered Lawyer in the Czech Republic, Solicitor of Law Society of England and Wales

Arbitration Language: English, Slovak (native). French (Professional), Russian (Full Professional), Polish (Proficient)

Hearing Locations: Lausanne, Switzerland | Europe, USA, Canada
|Worldwide Virtually

PROFESSIONAL SUMMARY

Multi-jurisdictional lawyer (NY, UK, Canada, Czech Republic) with over two decades of high-stakes international dispute resolution experience. Proven expertise in commercial law, sports law, anti-doping, athlete selection, and safeguarding. Demonstrated elite sports adjudication experience, notably serving on the **CAS Ad Hoc Division during the Rio de Janeiro Olympic Games**, as arbitrator and mediator for **Sports Dispute Resolution Center of Canada**. Globally recognized expert, author, and institutional advisor on sports integrity, governance, and mental health.

CORE SPORTS ADJUDICATION & EXPERTISE

- **Sporting Disciplines Adjudicated:** Athletics, Basketball, Cycling, Gymnastics, Hockey, Swimming, Tennis, Volleyball, Wrestling.
 - **Arbitration Roles:** Serves as Sole Arbitrator, Panel Member, and Neutral Facilitator in complex sports disputes, commercial contracts, and anti-doping proceedings.
 - **Key Focus Areas:**
 - Contractual Disputes
 - Anti-Doping & Performance-Enhancing Malpractice Disputes
 - Athlete Selection, Nationality, and Olympic Qualifications
 - Commercial, Media, Branding, and Personality Rights
 - Sports Infrastructure & Facility Development
 - Compliance, Ethics, Safeguarding, and Prevention of Harassment/Abuse
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CURRENT LEADERSHIP & INSTITUTIONAL APPOINTMENTS

- **International Olympic Committee (IOC)** | *Advisor / Working Group Member* (2012–)
 - Appointed to the Olympic Channel Commission (2022–Present); former member of the Women in Sports Commission (2012–2020); former member of the Working Group on Prevention of Harassment and Abuse in Sports (2013–2023)
 - **Harvard Law School Sports Law Clinic** | *Clinical Supervisor & Mentor*(2025–Present)
 - Teach and mentor law students in sports law adjudication and clinical legal practice.
 - **Workplace Options LLC** | *Global General Counsel* (2013–Present)
 - Oversee legal, compliance, and global data protection for the world’s largest independent employee wellbeing provider, serving 75 million individuals across 200+ countries.
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PROFESSIONAL WORK HISTORY

- **Carska Legal Services LLC** | *Lawyer & Arbitrator* (New York) | **2021–Present**
 - **Workplace Options LLC** | *General Counsel* (Raleigh, NC) | **2013–Present**
 - **Smith Moore Leatherwood LLP (now Fox Rothschild LLP)** | *Counsel* (Raleigh, NC) | **2006–2008, 2010–2013**
 - **DLA Piper** | *Senior Associate* (Prague, Czech Republic) | **2008–2009**
 - **Harvard Law School** | *Research Assistant to Prof. Paul Weiler* | **2004–2006**
 - **Government of Canada (DFAIT / Department of Justice)** | *Legal Researcher* | **2004–2005**
 - **Federal Court of Canada** | *Law Clerk to Hon. Justice Johanne Gauthier* | **2003–2004**
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BAR ADMISSIONS & DUAL EDUCATION

- **Bar Admissions:** Law Society of Ontario (2004) | New York State Bar (2005) | Solicitor of England & Wales (2006) | Registered European Lawyer, Czech Republic (2008).
- **McGill University Faculty of Law** | *Bachelor of Common Law (LL.B.) & Bachelor of Civil Law (B.C.L.)* (2002)
- **Centre d'Études Diplomatiques et Stratégiques (CEDS), France** | *Graduate Diploma* (1998)
- **Comenius University, Slovakia** | *B.A. & M.A. in Cultural Studies*

PUBLICATIONS & THOUGHT LEADERSHIP

- *“Tone from the Top: The Role of General Counsel on Prevention of Harassment and Abuse in International Sports,”* **Frontiers** (2021). (Endorsed by Ben Heineman, Harvard Law School).
- *“IOC Consensus Statement: Harassment and Abuse (Non-Accidental Violence) in Sports,”* **British Journal of Sports Medicine** (2016).
- *“Back on Track 2: Corrective Justice for Performance Enhancing Malpractice in Sports,”* **Pace IP, Sports & Entertainment Law Forum** (2012) (Co-authored with Prof. Paul Weiler).
- *“The International Arbitration Paradigm and Application of Dispute Resolution Measures,”* **Arbitration International**, Vol. 27, No. 1 (2011).
- *“Where are the Sports Disputes Arbitrated?”* **The Peacemaker** (2011).
- *“Issues Relevant to the Termination of Bilateral Investment Treaties,”* **Journal of International Arbitration** (2009). (Pioneering pre-Lisbon Treaty analysis).